

Riley County Community Needs Assessment

PHYSICAL HEALTH FINDINGS



87% can access the healthcare they need and **86%** can access the dental care they need.

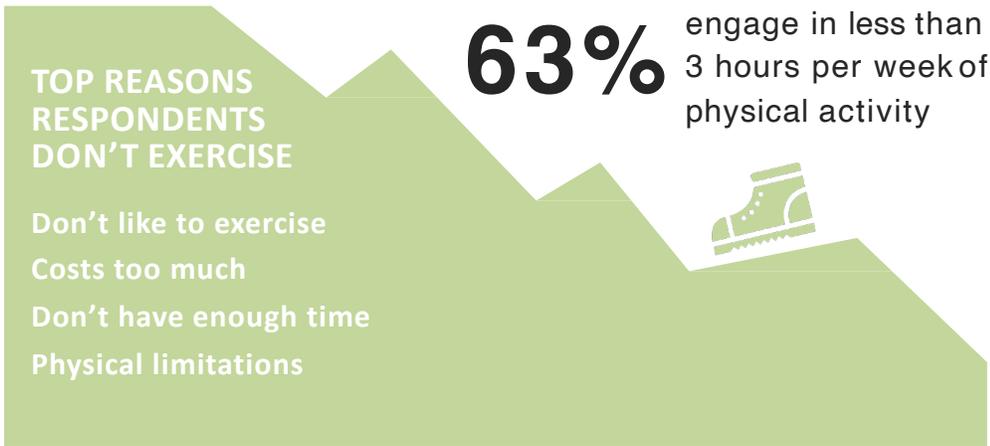
TOP THREE HEALTH NEEDS



56% of respondents believe there are plenty of options for exercise in the community but only **16%** believe there are enough accessible physical activity options for persons with physical disabilities.



57% of respondents believe the community values exercise.



35%

of respondents believe the community values healthy eating.



70%

of respondents report that it is easy for them to access healthy food.



16%

of respondents have been concerned about having enough food to eat.

93% of respondents do not currently use tobacco products.

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PHYSICAL HEALTH FINDINGS

The 2020 Riley County Community Needs Assessment, conducted by Wichita State University Center for Applied Research and Evaluation, included the compilation of selected secondary data, administration of a community survey (n=1,229), key informant interviews, and focus groups with persons who were underrepresented in the survey.

Secondary data show that Riley County residents are largely healthier than average for Kansas on many health indicators. Respondents to the survey tended to report themselves as being relatively healthy, with behaviors that are more in line with recommended standards regarding physical activity and nutrition than is evidenced in secondary data. Additionally, Riley County has a higher percentage of food insecure households than average for the state (17.5% versus 12.7%), and 42.5% have low access to grocery stores (19.8% have low income and low access).

Selected data from secondary sources

Physical Health	Riley County	Kansas	Source
Percent of adults with fair or poor self-perceived health status, 2017	9.4%	17.0%	BRFSS
Percent of adults without health insurance, 2017	7.9%	12.5%	BRFSS
Percent of adults not doing enough physical activity to meet both aerobic and strengthening exercise recommendations, 2017	25.3%	19.0%	Kansas Health Matters via Kansas Department of Health and Environment
Percent of adults who reported consuming fruit less than one time per day, 2017	36.1%	37.5%	BRFSS
Percent of adults who reported consuming vegetables less than one time per day, 2017	14.9%	17.3%	BRFSS
Percent of adults who currently smoke cigarettes, 2017	11.4%	17.4%	BRFSS

For the full report, go to: www.rileycountycommunityneedsassessment.org